

Read a Book Related to at Least One of the 8 Conditions That Make a Difference

From the Quaglia Institute for Student Aspirations

1. Belonging

Feeling like you are a part of a group, while knowing you are special for who you are.

2. Heroes

Having someone who believes in you and is there when you need them.

3. Sense of Accomplishment

Being recognized for many different kinds of success, including hard work and being a good person.

4. Fun & Excitement

Enjoying what you are doing, whether at work, school, or play.

5. Curiosity & Creativity

Asking “why?” and “why not?” about the world around you.

6. Spirit of Adventure

Being excited to try new things, even if you are not sure you will be good at them.

7. Leadership & Responsibility

Making your own decisions and accepting responsibility for your choices.

8. Confidence to Take Action

Setting goals and taking the steps you need to reach them.

For more information on the 8 Conditions, visit <http://www.qisa.org/8conditions/>